



"It Is Easier To Build Strong Children Than  
To Repair Broken Adults..."

-F. DOUGLASS.

## Academy of Human Excellence & GNYY

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ACADEMY OF  
HUMAN  
EXCELLENCE

( Mental Health Wellness Centre & Research Foundation )



**NOT FOR SALE**

Book Design & Concept by Acharya V Venkat

Note : This book is not for sale, the book is distributed to underprivileged students as part of Project Arjuna programs (Initiative towards social development & Service programs) to orphan home students, govt schools. The book is also given as part of the programs at schools, colleges, institutes.

Anyone who is interested to distribute the book can contact us and contribute towards the printing cost, we will be happy to share the details and collaborate with you for the greater cause and service.

**Books available in Telugu, Hindi & English**



NURTURING YOUNGSTERS PERSONALLY AND PROFESSIONALLY

**"Creating Leaders, who can create Leaders ,  
and they can create more Leaders"**

**"Let us together collaborate and help youngsters to build happy,  
healthy and successful personalities"**

Project Arjun is an initiative by Acharya VVenkat. The initiative is to nurture youngsters with 360° Holistic development . Every child is a born Yogi , we just have to nurture their true potential and qualities. The focus is on Mental Health and to help them master themselves.

Arjun a famous king from epic Mahabharata also had to face challenges with respect to emotions and action. He had everything , He was a King, He had the best guru to train him, He was No1 Archer , there was no match to his skills, He had all the required qualities, in spite of everything he had , he failed to deliver when required in the battle field ( In today's time there are many battles one has to face ). One of the challenges Arjun faced was Emotional imbalance, Courage to face his own family members , friends in the battle field.

Krishna (as a Guru) helped Arjun to understand his emotions and duties and win his own battles . It is important youngsters need guru's who can help, nurture them to make their journey successful.

In today's modern times it is very important to help individuals who lack skills and courage to face the truth and situations. If Youngsters are nurtured to develop that strength , courage, based on the truth & reality then their journey of life becomes easy and successful. Understand their emotional imbalances due to misunderstanding and lack of self awareness.



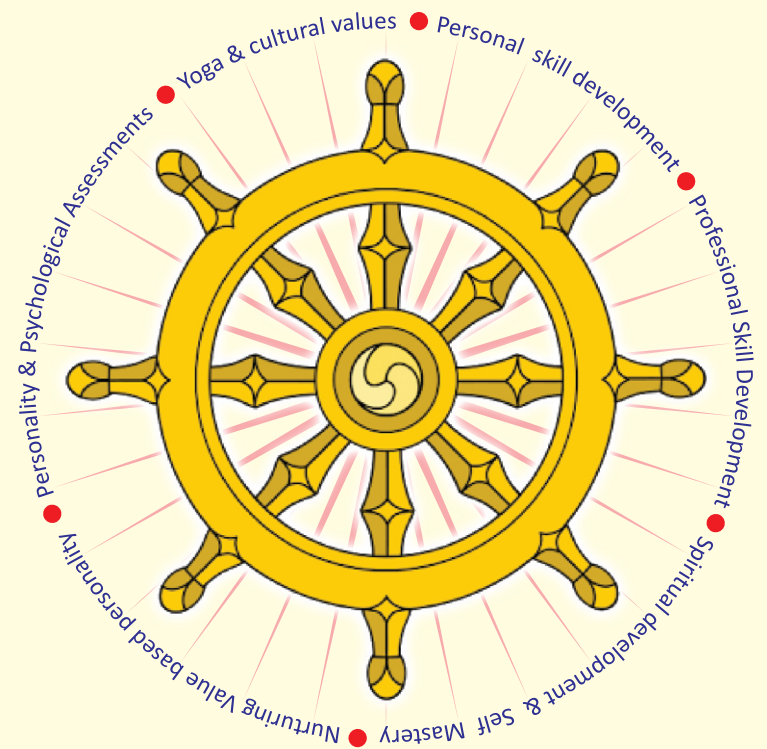
Mental Health is becoming a challenge across the globe, An early intervention and awareness programs will give Youngsters better understanding and prevention. The intervention will be through seminars, workshops, one-one counseling and coaching. The first phase of project is to nurture 10,000 youngsters (Underprivileged). Youngsters in the age group of 12-25 years will benefit from the program's.

This Project is executed at orphan houses, Govt Schools & Colleges, in various cities across India. The Services and Training are at no cost for Orphan houses and underprivileged students.

Academy of Human Excellence is an Initiative towards Social development. it is a nonprofit organisation, helping youngsters through Mental Health , Personal and professional Training. Academy of Human Excellence has 80g Exemption Certificate and Individuals who want to contribute for the project can get exemption for the contributed amount.

For Details Please contact +91 9949957979 or Email to [acharyawenkat@gmail.com](mailto:acharyawenkat@gmail.com).

## 360° Holistic Development Model



## Be and Make

- Swamy Vivekananda



## OUR HEARTFELT GRATITUDE TO ALL WHO HAVE SUPPORTED & CONTRIBUTED US IN THE JOURNEY.



A service initiative started by Acharya V Venkat as a social development in the year 2009, Academy of Human Excellence, GNY, has completed 12 glorious year of Service.

The focus is on Holistic development, Mental health, Physical Health, Psychological wellbeing. Nurturing Youngsters personally, Professionally & Spiritually.

We have a duty to care and we believe small acts of service, brings in changes which transform lives.

### Our Mission

Create Mentally Happy & Healthy Personalities. Provide integrated Wellness Approach towards Learning Strategy, focusing on Personal and Professional development of Mind, Body & Soul.



“Good to great” Parenting programs is to help parents understand their parenting styles, understand their personality and understand and develop their child’s personality.

Project Arjun is to help youngsters develop holistic personality to nurture their true potential and qualities,

The Youngster’s are nurtured to develop strength, courage, truth, understand emotional imbalances and develop self awareness.



### Sports is an important aspect of one’s mental and physical development.

Our Sports Initiative is to encourage youngsters to participate in games. (Table Tennis, Cricket, Badminton, Volleyball, Athletics) As part of Project Bheem, we conduct tournaments for youngsters of orphan houses, govt schools. We are also extending the project to Schools and colleges from 2022.

**30+ Tournaments conducted**



## Let us together collaborate and help to build happy, healthy and successful personalities.

Our Operating model helps us to raise the required funds through our workshops and support our Social service Projects. We also appreciate individual contributors and organisations who come forward and support us through financial aids.

Academy of Human Excellence is a NGO and has 80g Exemption Certificate. Individuals or organisations who want to contribute for the project can get exemption for the contributed amount.

For Details Please contact +91 9949957979 or Email to acharyavenkat@gmail.com.

### NURTURING Youngster’s

Today’s younger generation across the world are more vulnerable to personality disorders. Mental health is becoming a huge challenge. our training interventions and framework focusses on helping them with counseling/mentoring/coaching. spending time with individual to cope with parental/peer/social / environmental and educational pressures and to develop a balanced personality.

One-One Interventions for emotional issues, abuse, de-addiction, personality disorders are also facilitated through our clinical, awareness workshop’s and programs.

We are happy to connect and share more details about our services we offer.

### “Ten hands are better than Two hands”

A very special gratitude and respect to all who have extended their support financially and have supported our projects. We are one family and our family is growing.

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### Next Thermal Mfg pvt ltd

- Mr Kumar
- Mr Prasanta
- Mr AnilS
- Mr Anil Kumar
- Ramarao V
- Mr Mukul
- Mr Rajan
- Mrs PampaT
- Mrs SwarnaK
- Mrs Aarthi MrMurali

Our Team is very supportive and dedicated, Thank you

- Mrs Prana
- Mr Naren
- Mr Beejakshari
- Mr Deepak

Thank you,  
**Acharya Venkat**  
 +91 9949957979



## “CREATING LEADER’S, WHO CAN CREATE LEADER’S AND THEY CAN CREATE MORE LEADER’S”

### SERVICE DURING COVID-19 LOCKDOWN (APR-MAY 2020)

EVERY WEEK FAMILIES, ORPHAN HOUSES, OLDAGE HOMES WERE SUPPORTED







The Covid19 was unexpected and didn't give time to settle down and lockdown was announced with strict measures, it was tough time for many, our team decided to contribute to the families who didn't have necessary access to groceries and food items. Our sincere Gratitude to all those who came forward and contributed to the cause. We worked closely with GHMC, Lingampally Police station, SHO Gachibowli, and distributed groceries (Rice+ Dal + Oil + Vegetable's) to the families, orphanhouses, oldage home's, with the support of friends who contributed financially.

Necessary safety measures were followed.

we need your help and references which will help us to reach out with our services. we look forward to join hands.

### VASUDHAIVA KUTUMBAKAM (The Earth is a Family) "ENSURE THE WELLBEING OF YOUR FAMILY"

#### OFFICE & CLINIC

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## PAPER CLIPS

**Greater Hyd** | District | Sun Mag  
 దివ్యాంగులకు మానసికోల్లాసం అవసరం  
 దివ్యాంగులకు మానసికోల్లాసం అవసరం... టీ-20 క్రికెట్ ఛాంపియన్ షిప్ కోసం...

**THE HANS INDIA**  
**Cricket match held for deaf**  
 SULTAN-UL-ULOOM education society on Sunday conducted a T-20 Cricket Championship for the deaf at the campus. The cricket match held for the 4th consecutive time by the freedom excellence academy...

**ప్రణామ చిత్రుల హాం**  
**అకాడమీ ఆఫ్ ఆర్ట్స్ లెస్ తరగతులు**  
 ప్రణామ చిత్రుల హాం అకాడమీ ఆఫ్ ఆర్ట్స్ లెస్ తరగతులు... దివ్యాంగులకు మానసికోల్లాసం...

**సాక్షి** Mon, 01 March 2021  
<https://epaper.sakshi.com/c/58773519>  
**బభిరుల క్రికెట్ టోర్నమెంట్**  
 వెంటబోర్డుకాలాని: బంజారాహిల్స్లోని సుల్తాన్-ఉల్-ఉలూం ఎడ్యుకేషన్ సొసైటీ బభిరుల టీ-20 క్రికెట్ ఛాంపియన్ షిప్ టోర్నమెంట్ ఎక్కడైంది అక్కడ, అకాడమీ ఆఫ్ ఆర్ట్స్ లెస్ తరగతులతో కలిసి ఆదివారం కళాకాల మైదానంలో నిర్వహించారు. బభిరుల ఎనెబుల్స్ టౌండేషన్ ఆధ్వర్యంలో...

**క్రికెట్ టోర్నమెంట్ విజేతకు బహుమతి ప్రధానం**  
 బంజారాహిల్స్లోని 28: వందకి సమగ్రంగా కార్యక్రమం కన్నా యేదో కొంతాకాంతం ప్రోత్సాహం కలిగివ్వడం: డి.ఎమ్.ఎస్.లోని ప్రో.జి.ఎమ్.ఎమ్. పేర్లలో అవినీతి సందర్భం బంజారాహిల్స్ లోని 28 వేల సంఖ్యలో అకాడమీ ఆఫ్ ఆర్ట్స్ లెస్ తరగతులతో కలిసి ఆదివారం కళాకాల మైదానంలో నిర్వహించారు. బభిరుల ఎనెబుల్స్ టౌండేషన్ ఆధ్వర్యంలో...

**దివ్యాంగులకు మానసికోల్లాసం అవసరం**  
 దివ్యాంగులకు మానసికోల్లాసం అవసరం... టీ-20 క్రికెట్ ఛాంపియన్ షిప్ కోసం...

**Playing Cricket In A world Of Silence.**  
 hit from Green Parrot U-Uloom Education deaf picked 7 wickets Society, Dr.Anupama in total awarded as Koneru, Principal - the best bowler. Chief S Sultan-U-Uloom Col-gangst Zalar Javed, lege of Pharmacy, gave Honorary Secretary away the prizes on the of Sultan-U-Uloom occasion Director & Education Society, Founder of Sports Dr. Mir Akbar Ali Foundation & FEA, Khan - Treasurer, Mr. V. Venkat & from Amer Javed, Board thanked all the players for their participation and making the event successful.

